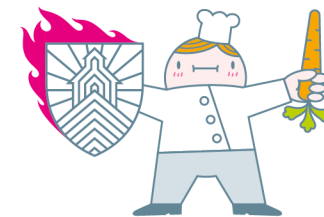


WHAT'S FOR LUNCH? WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Sweet Potato Mac & Cheese	Salsa Verde Grilled Butterflied Chicken Fillet	Mushroom, Onion, Pepper & Cheddar Quesadilla	Beef Bolognese	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Roasted Vegetable & Tomato Sauce with Fusilli	Berberé Spiced Cauliflower Steak	Pepper, Sweet Potato & Bean Chilli	Lentil & Tomato Bolognese	Stuffed Peppers with Chilli & Cheese
SIDES Where main includes, portion will be offered as optional extra	Cucumber, Olive, Tomato & Basil Salad	Roasted New Potatoes Mixed Salad Leaves	Peri Peri Rice with Onion, Sweetcorn, Pepper & Kidney Beans	Mixed Lettuce, Red Onion, Orange, Beetroot, Cucumber Salad	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Green Beans with Mint & Lemon	Pickled Guindilla Chilli's	Steamed Carrots with Vegan Basil Pesto	Roasted Broccoli
BREAD	Garlic & Thyme Focaccia	Garlic & Thyme Focaccia		Garlic & Thyme Focaccia	
DESSERT	Fresh Fruit or Yoghurt	Lemon Drizzle Sponge Cake	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Chocolate Chip Tahini Cookies

Weeks commencing 15th April, 6th May, 3rd June, 24th June, 15th July **Wherever possible, all food is homemade**

Bank Holiday Day Monday 6th May – Monday menu will replace Tuesday 7th May

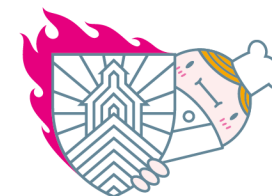
WHAT'S FOR LUNCH? WEEK 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Basil Pesto & Crème Fraiche Pesto Pasta	Chicken Sausage	Stir Fried 5 Spice Rice with Sweetcorn & Pea	Turkish Pepper & Molasses Chicken Thighs	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Roasted Vegetable & Tomato Sauce with Fusilli	Vegetable Sausage	Sweet & Sour Cauliflower	Chickpea & Herb Falafel	Spicy Bean Burger
SIDES Where main includes, portion will be offered as optional extra	Cucumber, Olive, Tomato & Basil Salad	Vegetable Gravy	Crispy Chicken Wings	Couscous with Roasted Aubergine, Pepper, Onion & Herbs	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Roasted Broccoli Mash Potato	Carrot, Red Cabbage, Pepper, Edamame & Beansprout Salad with Sesame & Soy	Harissa Roasted Carrots	Green Beans
BREAD	Garlic & Thyme Focaccia			Flatbread	Wholemeal Bread
DESSERT	Fresh Fruit or Yoghurt	Cocoa & Ginger Biscuits	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Cardamon & Orange Sponge Cake

Weeks commencing 22nd April, 13th May, 10th June, 1st July, 22nd July **Wherever possible, all food is homemade on site**

WHAT'S FOR LUNCH? WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Smoked Pepper & Mascarpone Pesto Pasta	Chicken & Sweet Potato Coconut Korma Curry	Pizza with Tomato & Vegetable Sauce, Mozzarella, Tomato & Basil	Jerk Chicken Thighs	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Roasted Vegetable & Tomato Sauce with Fusilli	Sweet Potato, Pepper & Aubergine Coconut Korma Curry	Mediterranean style Butterbean, Tomato, Pepper, Fennel & Paprika Stew	Jerk Spiced Sweet Potato & Kidney Bean Patty	Roasted Pepper, Onion, Courgette & Pesto Puff Pastry Tart
SIDES Where main includes, portion will be offered as optional extra	Cucumber, Olive, Tomato & Basil Salad	Steamed Rice	Mixed Salad Leaves	Rice & Peas	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Coriander, Red Onion, Tomato & Cucumber Salad	Roasted Broccoli	Honey & Thyme Roast Carrots	Green Beans
BREAD	Garlic & Thyme Focaccia	Naan			Wholemeal Bread
DESSERT	Fresh Fruit or Yoghurt	Blueberry Muffins	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Sticky Upside Down Banana Cake

Weeks commencing: 29th April, 20th May, 17th June, 8th July **Wherever possible, all food is homemade on site**

CPD Day Monday 17th June – Separate menu will be displayed for staff