

STORMONT HOUSE SCHOOL MATTERS

OUR VISION
ACHIEVEMENT FOR ALL IN A UNIQUE WORLD-CLASS SCHOOL

WEEK ENDING 01/12/2023



Next Week's Homework



GREEN FROG
TOMBOLA WINNERS

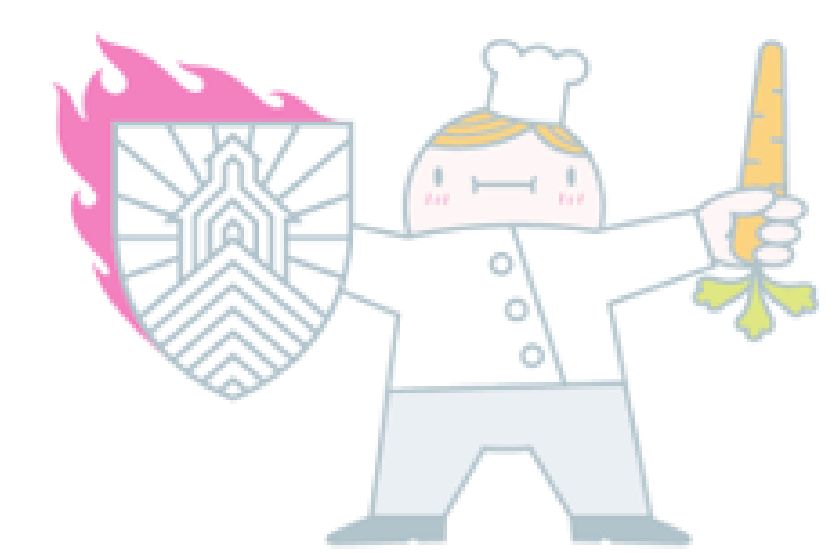
KEY STAGE 3 WINNERS
ROCCO

KEY STAGE 4 & 5 WINNERS
FELICITY

WELL DONE!!

Next weeks menu...

WHAT'S FOR LUNCH? WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Roasted Tomato & Vegetable Sauce with Pasta	Berbere Chicken Thigh Traybake with Sweet Potato, Orange & Chickpea	Creamy Sweetcorn & Tuna Pasta Bake	Beef Burger	Fish Goujons
MAIN (OPTION 2)	Red Pesto & Crème Fraiche Sauce with Pasta	Berbere Cauliflower Thigh Traybake with Sweet Potato, Orange & Chickpea	Roasted Tomato & Vegetable Sauce with Pasta	Carrot, Chickpea & Coriander Burger	Roasted Pepper, Onion & Cheddar Frittata
SIDES <small>Where main includes, portion will be offered as optional extra</small>	Mixed Lettuce, Cucumber, Olive & Tomato Salad	Tomato & Berbere Spiced Rice	Mixed Lettuce, Cucumber, Olive & Tomato Salad	Roasted Vegetable Couscous	Potato Wedges
VEGETABLES	Steamed Peas	Garlic Green Beans	Steamed Broccoli	DIY Toppings: Lettuce Tomato	Steamed Carrots
BREAD	Garlic & Herb Focaccia		Garlic & Herb Focaccia	Homemade Burger Bun	
DESSERT	Fresh Fruit or Yoghurt	Wholemeal Digestive Biscuits	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Apple Crumble & Custard

Weeks commencing: 4th September, 25th September, 16th October, 13th November, 4th December

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Dates to remember...

SENCo & Safeguarding/Welfare Officer DROP-IN sessions for Parents

Our SEND Lead, Ms Sagan and our Safeguarding and Welfare Officer, Ms Napier are delighted to invite parents to drop-in sessions every other Thursday between 2.30 pm and 3.15pm. The next drop-in session will be taking place next Thursday 30th November and our Occupational Therapist (OT) will be joining the session.

This will be an ideal opportunity to have an informal talk, ask questions and to find out about Speech and Language therapy as well as other services that are available in the borough.

Please feel free to bring along any forms that you might need help with completing or just come along for tea, coffee, and biscuits.

We very much hope you can attend, and we look forward to meeting you on the following dates:

14th December



Raffle prizes to be won...

Sauna / Steam session

VR Experience

**Tottenham Hotspurs
Pennant**

**£25 voucher to use at
Yard Sale Pizza**

**£45 voucher for
wellness products**

and many more!!!

Being a Parent Governor



Parents & Carers are important people to have on a governing body because, alongside the staff, no one is more concerned with the quality of the teaching and learning provision of the school. Having your child's best interests at heart means that you'll also have the school's best interests at heart, which makes you committed to the school's continuous improvement for the benefit of all students. The aim of this briefing paper is to offer advice to new / prospective parent/carer governors on their specific role and suggest ways of handling some of the tricky situations which may arise.

A Parent/Carer Governor is:

- ✓ well placed to understand other parents' views
- ✓ to remind the governing body how matters being discussed affect parents
- ✓ Individuals! How you vote on any decision is up to you
- ✓ in a good position to help the governing body to communicate effectively with parents/carers.
- ✓ equal in status to all other governors

A Parent/Carer Governor is not:

- ✗ expected to gather the views of other parents and take them to the governing body.
- ✗ expected to represent the interests of every parent/carer.
- ✗ a link between parents and the governing body.
- ✗ expected to vote as instructed by other parents.

What are the good bits about being a parent/carer governor?

- ❖ You have a very privileged and responsible role.
- ❖ You can make a difference, not only for your child, but for all students.
- ❖ You have the opportunity to make a difference for other parents and carers, and to influence the way in which the school works with them.
- ❖ You will learn a lot and develop new skills.

How to fulfil your role

- ❖ Attend governing body meetings regularly and play an active role in committees and decision-making.
- ❖ Learn all you can about the school.
- ❖ Consider how the governing body communicate with parents/carers? Could you help them to improve links?
- ❖ How accessible is the school – how easy is it for parents/carers to go into school to discuss things with the headteacher or teachers? Could you give feedback to help the school to be more open and welcoming?
- ❖ How accessible are the governors – do parents/carers ever get the opportunity to meet with governors; do they know how to get in touch with the chair of governors if they need to? Could you encourage the governing body to be more visible?
- ❖ Learn how the school handles complaints and read the complaints policy. If another parent/carer approaches you with a complaint, advise them to speak to the headteacher.
- ❖ Be approachable to other parents/carers, but make sure you are clear about your role.
- ❖ Always represent the school positively.
- ❖ As a governor you are one of a group and must never act alone.

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- ❖ Always support the decisions of the full governing body. Have your say on decisions in meetings and vote in the way you wish; but then support the outcomes of votes – even if you disagree with them.
- ❖ Always observe confidentiality. You will get to know a lot of highly sensitive and confidential information – don't discuss it with anyone who is not a governor. Remember, a governor can be suspended for serious breaches of confidentiality.

How you can help individual parents/carers

From time to time, you may be approached by other parents/carers asking for help or wanting to make a complaint about something the school is or isn't doing.

- ❖ Make it clear you can't act for the governing body.
- ❖ Don't raise expectations that the school will "put it right" – there may be underlying issues or background that you don't know about.
- ❖ Keep an open mind – there are at least two sides to every story.
- ❖ You may need to explain why the governing body has made a decision in a professional manner.

What to do if you experience a conflict between being a parent/carer and being a governor

This can happen – especially if you think the governing body is making decisions which you feel will adversely affect your child(ren).

- ❖ If a difficulty arises, take a step back and think things through as objectively as you can.
- ❖ If you are concerned, talk to the Headteacher or to the Chair of Governors.
- ❖ Make sure you don't break confidentiality when discussing your concerns outside governing body meetings.

Where to get help, advice, and support from

- ❖ other governors.
- ❖ the Headteacher.
- ❖ the Chair of Governors.
- ❖ the Clerk to the governing body.
- ❖ Speak to your governor mentor or "buddy" to help you through the first few months.
- ❖ You can get information from Hackney Education's Governance website about what being a Governor entails. To find out more, click [here](#)
- ❖ Phone the Hackney Governance Service team on 020 8820 7369 / or email governorservices@hackney.gov.uk.

And finally...

Don't be discouraged if at first everything seems confusing and difficult to get to grips with. Most new governors feel this way. Nobody expects you to know everything immediately; it can take a full year to begin to see how the cycle of governing body business works.

What to do next

If you are interested or would like to find out more about becoming a Parent/ Carer governor at Stormont House, some of our Governors will be on a stall at the Winter Fair on Friday 8 December 2023 from 4 - 6.30pm, please come and meet them to have an informal chat.

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WINTER FAIR

DONATIONS

Dear Parent / Carer,

Can you, your business or employer donate something for the Winter Fair?

In the past, we have received things like a PlayStation, iPad, free haircuts, cakes, garden design, clothes, tickets to shows or subscriptions, vouchers etc.

How you can help...

You can help by asking your local businesses for donations. You can run your own stall or even help with setting up or cleaning up at the end.

If you run your own small business or have a crafty talent, you may want to rent a stall. This would come at a cost of £10 which will go towards the school fund and any profits made will be yours to keep.

Please indicate if you would like to rent a stall by clicking on the link and completing the form: <https://forms.office.com/r/KW2rkGu23z>

Once the form has been submitted, we will get in touch with further information.

We all know how important it is for all our students to be in school and achieve their full potential both academically and socially. This can only be achieved with us all working together and we really appreciate all you do as parents and carers to ensure your son or daughter attends school.

We know you will always strive to:

- Make sure your child attends every day on time
- Call the school to report your child's absence before 9am on the day of the absence and each subsequent day of absence, and advise when they are expected to return
- Ensure that, where possible, appointments for your child are made outside of the school day.

We are including attendance as part of our reward systems, celebrating both individual and whole class attendance each term and year, to highlight the importance and connections there are of being in school and achieving your very best overall.

Thank you again for all your help and support we do appreciate it.



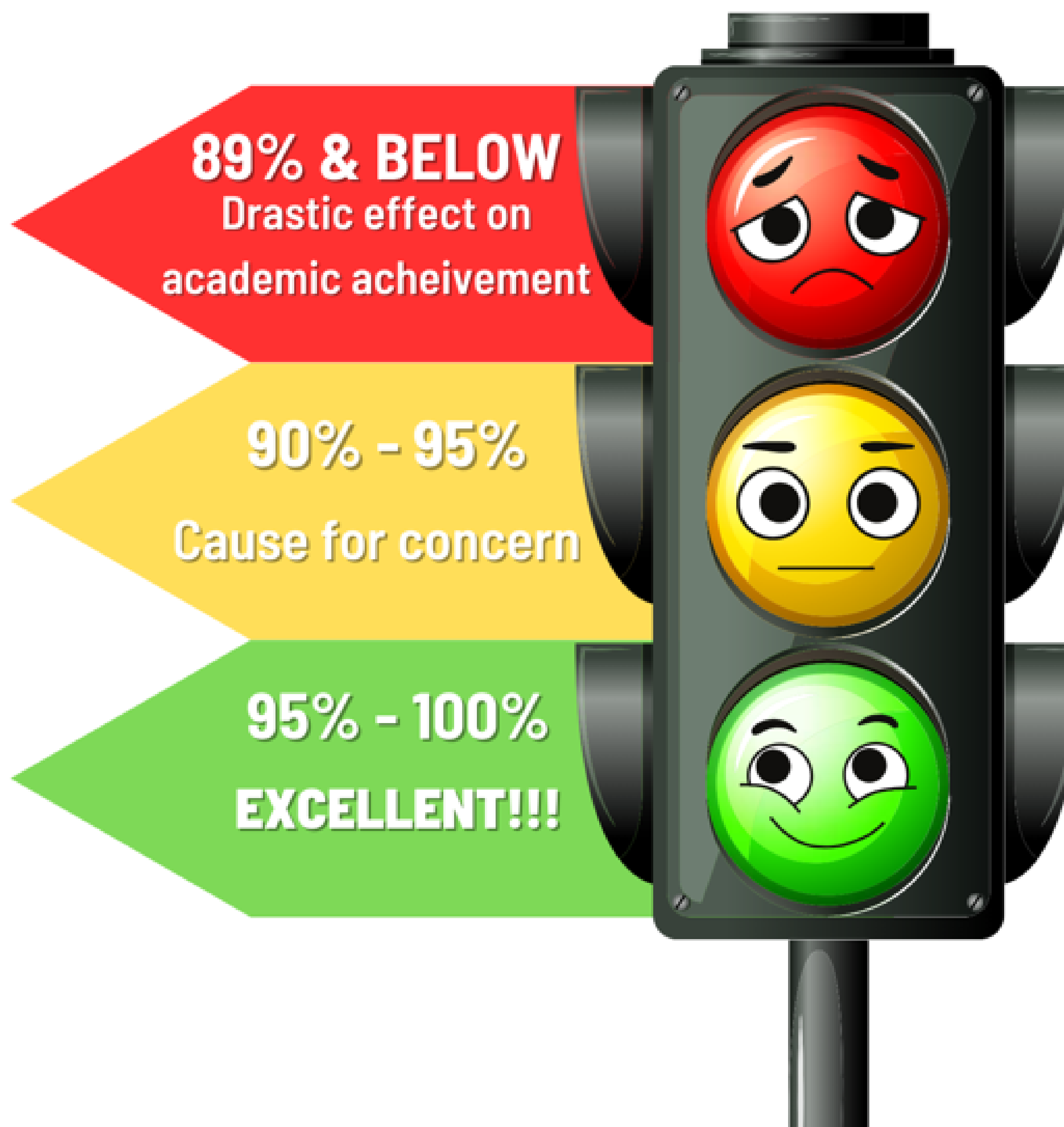
ATTENDANCE

WHY IS IT IMPORTANT?

Did You Know?

Children are required by law to attend 190 school days per year.

The Government states that every pupil's attendance should be at least 95%.



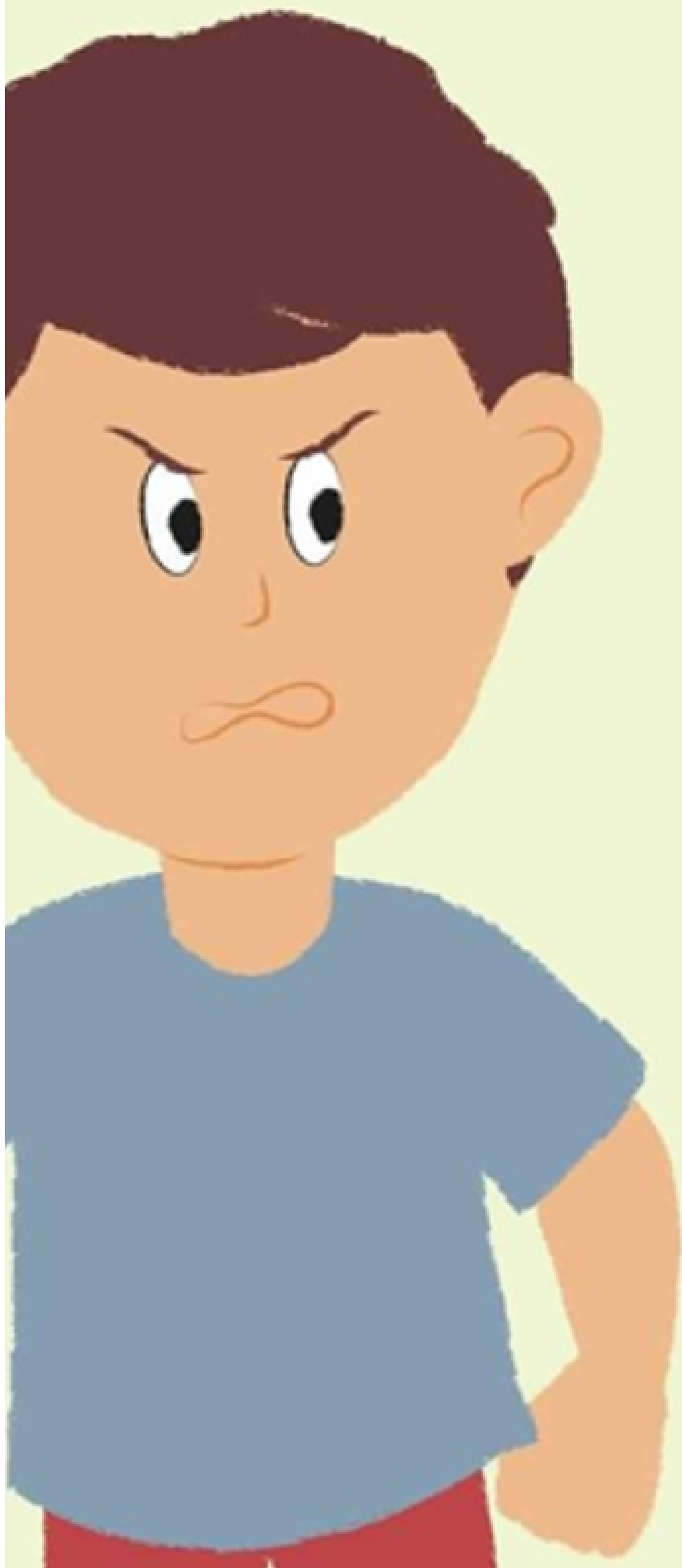
HOW DO YOU MEASURE UP?

Attendance	Days Absent	Weeks Absent	Lessons Missed
95%	9 Days	2 Weeks	50 Lessons
90%	19 Days	4 Weeks	100 Lessons
85%	29 Days	6 Weeks	150 Lessons
80%	38 Days	8 Weeks	200 Lessons
75%	48 Days	10 Weeks	250 Lessons
70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

Supporting our children at home

Practical suggestions for parents

HOW TO HELP KIDS WORK THROUGH ANGER



- ① **Help your child understand how anger can be felt in the body.** Stomach aches, rising temperature, and increased energy are all ways anger can be physically felt.
- ② **Teach them about triggers: "When a situation, person, or action activates intense feelings such as anger."**
- ③ **Create an anger action plan** for how to deal with anger when it surfaces.
- ④ **Open the conversation** about anger and explore the benefits of this feeling.
- ⑤ **Encourage them to take note** of their anger triggers.
- ⑥ **Collaborate with them on keeping track** of anger triggers for prevention ie. the actions or situations that seem to commonly ignite BIG feelings.