STORMONT HOUSE SCHOOL MATTERS

Next week's homework...



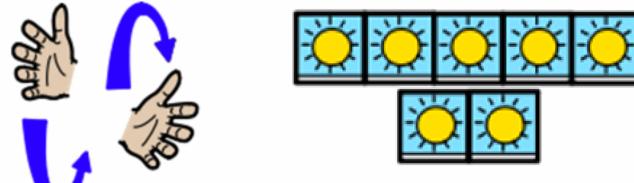


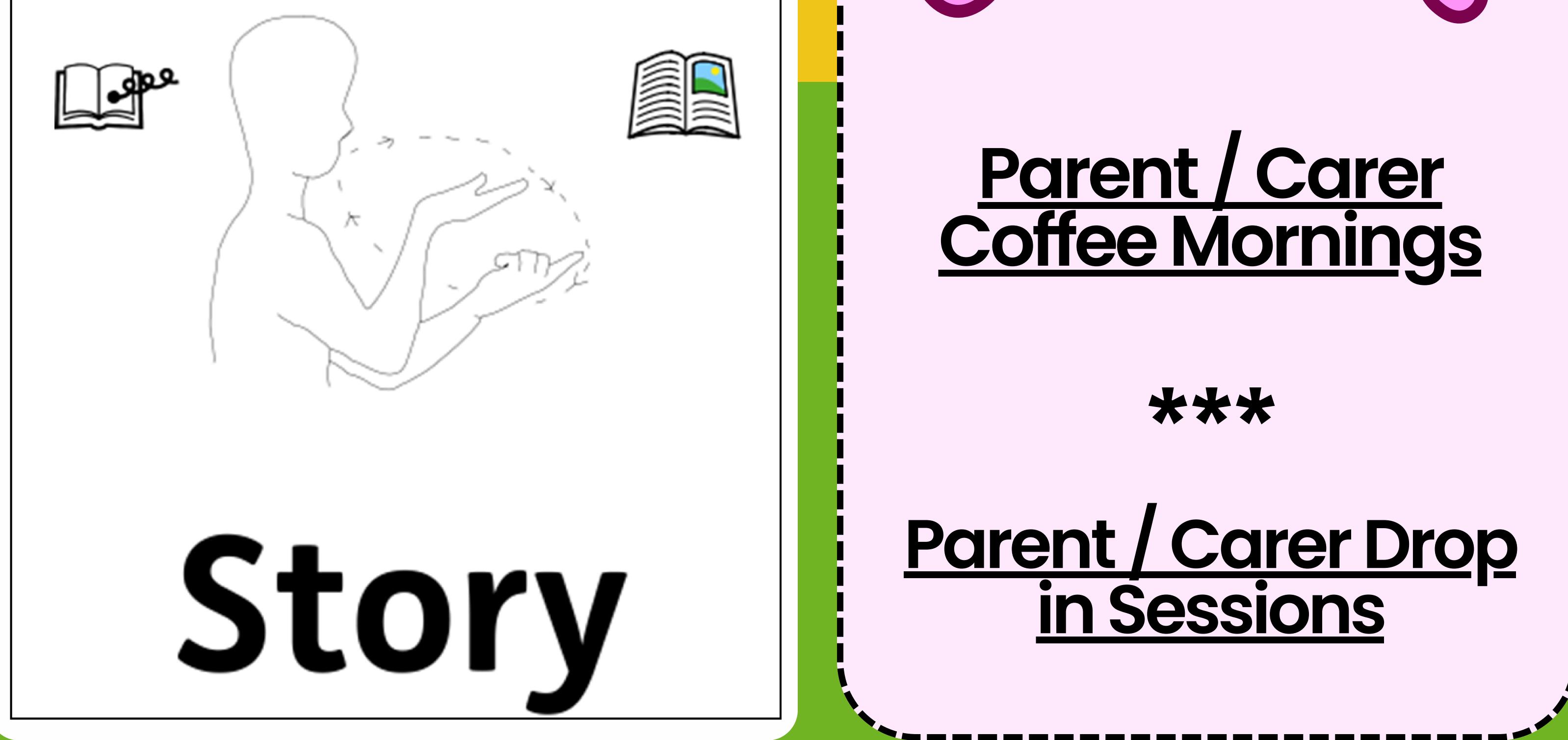
GREEN FROG TOMBOLA WINNERS

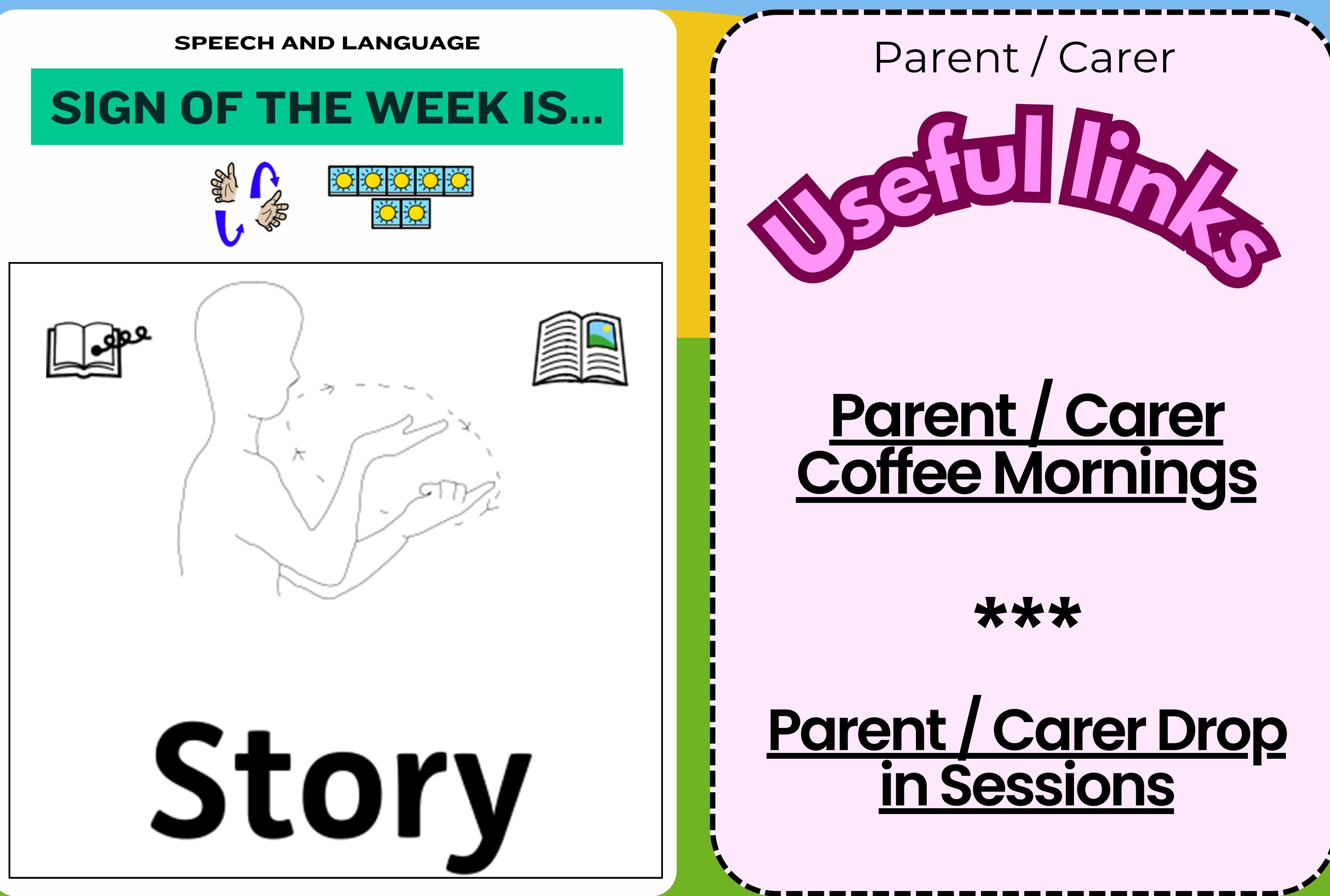
MATTEO & SAM

UELL D'GNE!!

WHAT'S F	-ORL	UNCH		KT WEEK	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Beetroot & Ricotta Farfalle OR Roasted Vegetable & Tomato Sauce Fusilli	Beef Burger	Focaccia Base Pizza with Tomato & Vegetable Sauce, Mozzarella, Tomato & Basil	Musakhan Style Chicken Thighs with Sumac, Onion & Allspice	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese	Vegetable Burger	Smoky Charred Aubergine & Tahini Creamy Pasta	Musakhan Style Aubergine & Cauliflower with Sumac, Onion & Allspice	Vegetable Scotch Egg
SIDES Where main includes, portion will be offered as optional extra	Mixed Leaf, Tomato, Cucumber, Olive & Balsamic Dressing	Potato Wedges	Mixed Salad Leaves	Cinnamon & Bay Rice	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Sweetcorn, Carrot & Cabbage Slaw	Honey & Thyme Roast Carrots	Tamarind & Tomato Braised Chickpeas	Roast Broccoli
BREAD	Garlic & Herb Focaccia	Burger Buns	Garlic & Herb Focaccia – Served with Pasta	Flatbread	Wholemeal Bread
DESSERT	Fresh Fruit or Yoghurt	Chocolate & Banana Cookies	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Apple & Rhubarb Crumble with Custard









Friday 7th February 2025 9am - 11am The Family Coach Service Workshop Finding Ways to Manage Screen Time at Home Open to all parents of SEND children in a Hackney School

What to expect from the group

A group of parents covering the following topics in a non-judgemental and confidential space:

- Exploring boundary setting and what is currently working
- Thinking about the motivation for making a change with regards to screen time
- An opportunity to talk with other parents experiencing similar challenges or looking to make similar changes.





WHO ARE WE?



WHAT SERVICES DO WE OFFER?



CONTACT US

Hello! We are Emily And Rachel The Family Coach Service • 20+ years experience

working with children and families.

 Committed to empowering families and reaching their potential.

Parent empowerment groups

For parents of a SEN child that attend a Hackney school or lives in Hackney.

- A space for you to work towards goals
- Support of a wider community
- Celebrate successes and problem solve together.

1:1 Family Coaching

For parents of a SEN child that lives in Hackney.

- Identify a change you'd like to make
- 6 sessions
- Feel empowered to work towards achieving self directed goal

If you have any questions please send us an email

familycoach@ hackney.gov.uk

We look forward to working with you soon!