



GREEN FROG TOMBOLA WINNERS

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WELL DONE!!

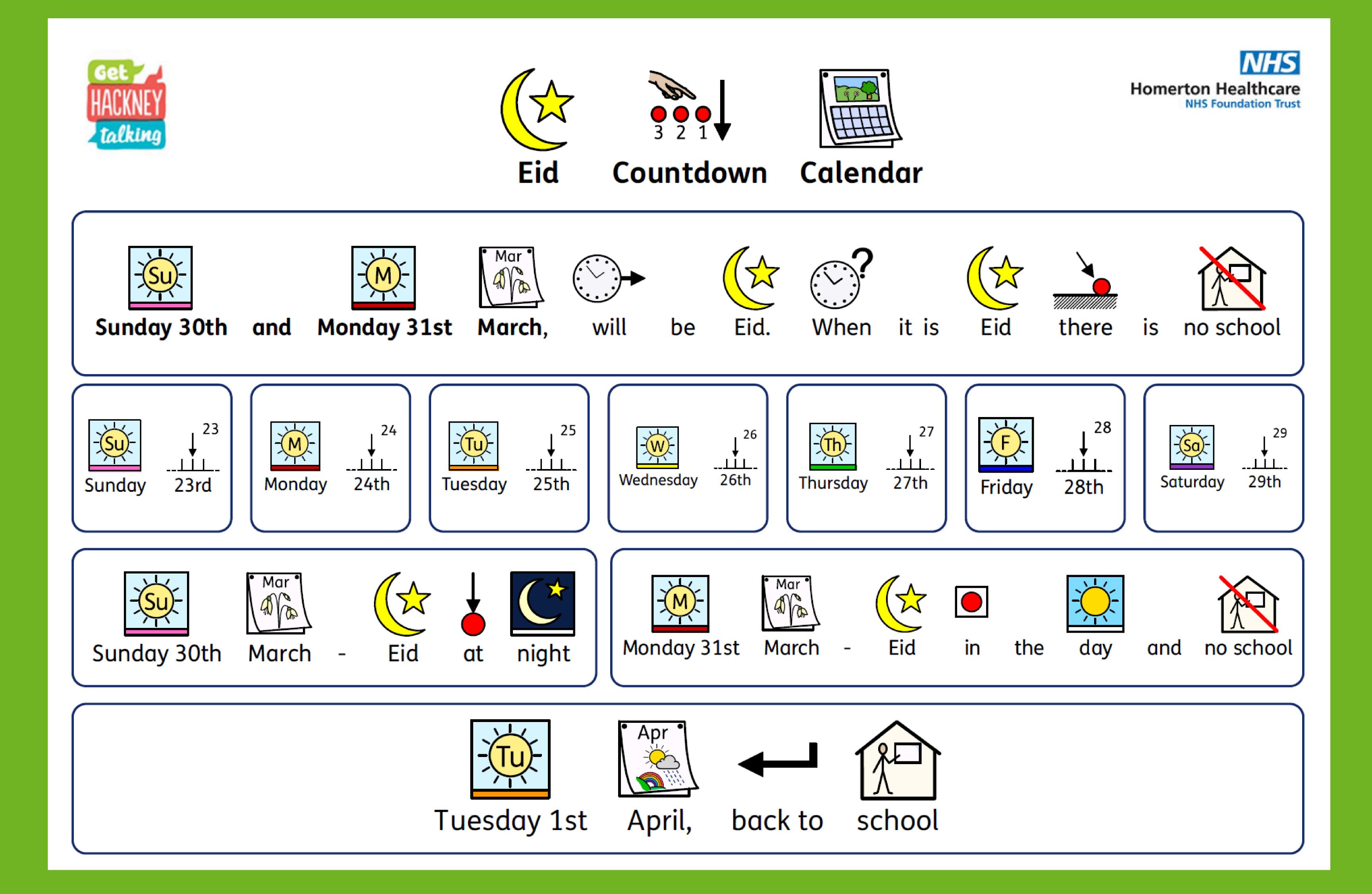
WHAT'S	FOR L	UNCH	I ? NE WE	XT EK	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Basil Pesto & Crème Fraiche Fusilli OR Roasted Vegetable & Tomato Sauce Fusilli	Berbere Chicken Thigh Traybake with Sweet Potato, Orange & Chickpea	Mixed Vegetable Lasagne	Boneless Panko Breaded Chicken Thigh Katsu Curry Sauce	Panko Breaded Coley Goujons
MAIN (OPTION 2)	Jacket Potatoes: Sweet Potato or Regular Potato Vegan Chilli or Tuna & Cheese	Mushroom, Onion, Pepper & Cheddar Quesadilla	Roasted Vegetable & Tomato Sauce Fusilli	Panko Breaded Aubergine Steak Katsu Curry Sauce	Spinach, Feta & Lemon Filo Pie
SIDES Where main includes, portion will be offered as optional extra	Mixed Leaf, Tomato, Cucumber, Olive & Balsamic Dressing	Spiced Rice with Onion, Sweetcorn, Pepper & Kidney Beans	Beetroot, Orange, Tomato & Mixed Leaf Salad with Balsamic Dressing	Steamed Rice	Potato Wedges Mixed Salad Leaves
VEGETABLES	Steamed Peas	Pickled Guindilla Chilli's		Shaved Carrot, Coriander, Beansprouts, Red Cabbage & Chilli Salad	Roast Broccoli
BREAD	Garlic & Herb Focaccia		Garlic & Herb Focaccia		
DESSERT	Fresh Fruit or Yoghurt	Blueberry Cupcakes	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Lemon Cheesecake





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In celebration of Neurodiversity Week, **click here** to watch videos for children, which look at different ways brains work and explain how we may all differ in our behaviours and understanding of the world

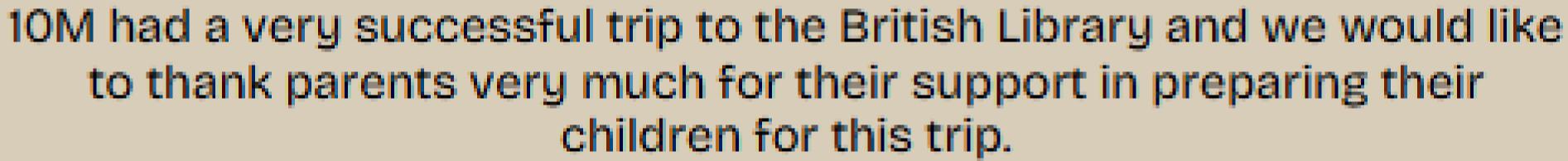




12 of our students competed in the Panathlon Football Tournament at New River Sports Centre, representing Hackney. After their fantastic performance, our under 13's came 1st place and under 16's came 2nd place. Both teams have now qualified to represent East London at Wembley for the finals - lets hope Mr Hajdrych and Ms Barrett gain their voice back to cheer our team on again!!!!



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Everyone was very excited and well prepared: all 10M students knew where we were going and what we'd be doing once we got there. They knew our modes of transport and could recite the route to and from the British Library perfectly, and they followed all the safety measures in place.



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<u>'Books Uncovered' at the British Library</u> ad a very successful trip to the British Library and we would like

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At the library, we visited the treasures gallery: we saw the Magna Carta; some beautiful illuminated manuscripts, and two examples of 2,000 year old homework! We also went up to see one of the World's largest books, the Klencke Atlas, full of maps – which measures over 6' tall and more than 7' when it is opened.

The tour was followed by a 'Books Uncovered' workshop where the students learnt to make a bound book of their own. They had a lovely time following the instructions and getting creative; choosing various components; stitching their book together, and giving it a title.

Well done 10M!

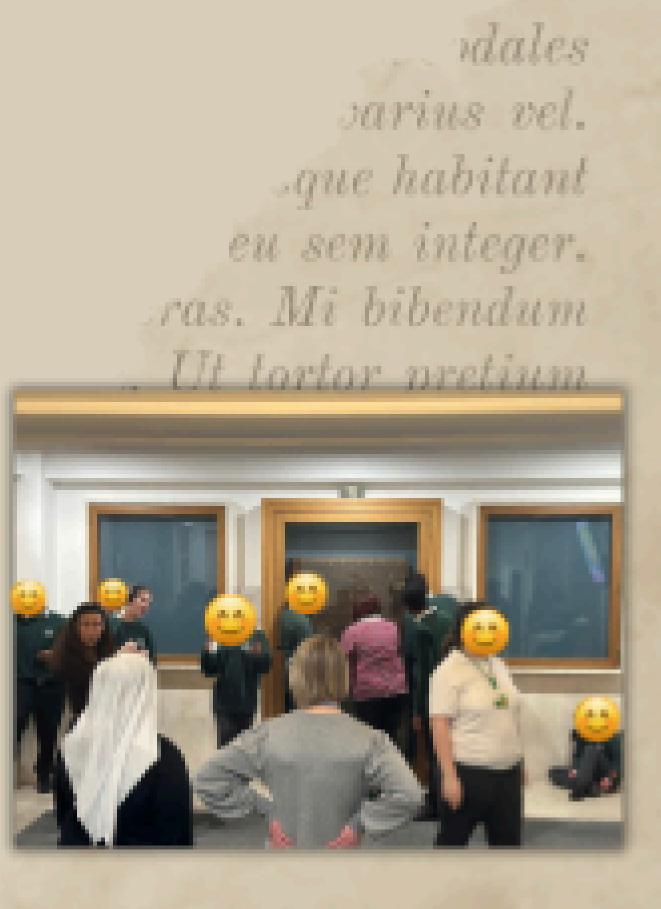
Thank you to all the staff who supported this trip: Ns Napier, Mr White, Sr Mary, Ms Griffiths, Ms Pradat – and to Mrs Ashers for helping to prepare the students during PfA time.





Angela McKell PSD Lead & 10M Tutor





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